



**THE LOCAL GRIND**



301 ENGLISH VILLAGE • LAKE HAVASU CITY

COFFEE • TEA • AND MORE

928-505-4086

SERVING BREAKFAST & LUNCH

# THE LOCAL GRIND



**ASSORTED BAGELS AND CREAM CHEESE** | \$5.00

**FRESH MUFFINS MADE DAILY** | \$5.00

**ASSORTED MINI QUICHES** | \$4.00

**CHEF SARAH'S BAGEL** | \$7.00

Toasted onion bagel, scallion cream cheese, sliced Roma tomatoes and avocado finished with our herbed sea salt.

**AVOCADO TOAST** | \$8.00 - Add egg \$1.50

Toasted raisin pecan bread, smashed avocados, heirloom tomatoes and baby arugula topped with feta cheese and a mango blood orange vinaigrette. Served with a side of fresh fruit or cottage cheese.

**LOX BAGEL** | \$14.00

Toasted everything bagel topped with scallion cream cheese, smoked wild caught salmon, pickled red onion and lightly dressed baby arugula finished with capers. Served with fresh fruit or cottage cheese.

**OVERNIGHT OATS** | \$7.00

A blend of oats, fresh fruit, chia seeds, almond milk, honey, vanilla and Greek yogurt.

**YOGURT PARFAIT** | \$6.00

Vanilla Greek yogurt topped with fresh berries and house-made granola.

**THE GRIND BREAKFAST SANDWICH** | \$13.00

Fresh sage sausage, candied bacon, cheddar cheese, heirloom tomato, baby arugula, sweet Maui onion aioli and a fried egg served on your choice of a bread. Served with cottage cheese or fresh fruit.

**CHICKEN SALAD SANDWICH** | \$13.00

Red Bird chicken breast, toasted pecans, green onions, celery, and dill served on your choice of whole wheat or sourdough with house-made herbed potato chips.

**BLTA** | \$13.00

Bacon, lettuce, tomato, avocado, and sweet Maui onion aioli on your choice of whole wheat or sourdough served with our house-made herbed potato chips.

**CAPRESE TURKEY** | \$13.00

Thinly sliced oven roasted turkey breast, provolone cheese, sliced Roma tomatoes and pesto served between two pieces of sourdough bread. Served with our house-made herbed potato chips.

\*Cauliflower Sandwich

Thin Substitution  
\$3 upcharge for any bread option.

